

BEACON
Health & Fitness

Member Pools

DECEMBER SCHEDULE

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|--------|
| Water in Motion 9 - 9:50am 0 Lanes Available | Water in Motion Strength 9 - 9:45am 1 Lanes Available | Water in Motion 9 - 9:50am 0 Lanes Available | Water in Motion Strength 9 - 9:45am 1 Lanes Available | Water in Motion 9 - 9:50am 0 Lanes Available | Water in Motion 8 - 8:50am 0 Lanes Available | |
| Joint Venture 10 - 10:45am Limited Space Available | | Joint Venture 10 - 10:45am Limited Space Available | | | | |
| Elkhart Schools Elementary Swim Lessons 10:20 - 1:15pm 2 Lanes Available | Elkhart Schools Elementary Swim Lessons 10:20 - 1:15pm 2 Lanes Available | Elkhart Schools Elementary Swim Lessons 10:20 - 1:15pm 2 Lanes Available | Elkhart Schools Elementary Swim Lessons 10:20 - 1:15pm 2 Lanes Available | Elkhart Schools Elementary Swim Lessons 10:20 - 1:15pm 2 Lanes Available | | |
| NeuroH2O 11am - 12pm Limited Space Available | Joint Venture 11 - 11:45am Limited Space Available | NeuroH2O 11am - 12pm Limited Space Available | Joint Venture 11 - 11:45am Limited Space Available | Program Location <div> <div></div> Therapy <div></div> Lap </div> | | |
| Joint Venture 12:15 - 1pm Limited Space Available | Joint Venture II 12 - 12:45pm Limited Space Available | Joint Venture 12:15 - 1pm Limited Space Available | Joint Venture II 12 - 12:45pm Limited Space Available | | | |
| Group Swim Lessons 4 - 7:30pm Limited Space Available | Group Swim Lessons 5 - 7:45pm Limited Space Available | Group Swim Lessons 4 - 7:30pm Limited Space Available | Group Swim Lessons 5 - 7:45pm Limited Space Available | | | |
| Group Swim Lessons 4 - 7:30pm 2 Lanes Available | Group Swim Lessons 4 - 7:45pm Limited Space Available | Group Swim Lessons 4 - 7:30pm 2 Lanes Available | Group Swim Lessons 4 - 7:45pm Limited Space Available | | | |
| | Water in Motion 5:30 - 6:25pm 0 Lanes Available | Water in Motion Strength 4:50 - 5:45pm 0 Lanes Available | Water in Motion 5:30 - 6:25pm 0 Lanes Available | | | |

- » **Availability is subject to change.**
- » **Private lessons & physical therapy may limit pool space & are not listed on the daily breakdowns.**
- » **Times listed are scheduled class times. Expect higher member attendance before & after classes.**
- » **10- Minute Class Transition Window:**
 - » **Non-Class Participants - Must wrap-up their workout and either clear the pool or move to a non-class lane (if one is available) by the classes posted start time.**
 - » **Class Participants - Must remain in a water walking/stationary workout lane until any additional lanes become available.**
- » **Check Daily Pool Breakdown for designated Water Walking & Lap Swim Only lanes.**

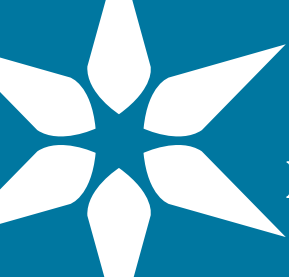
Elkhart Community Schools Elementary Swim Lesson Sessions consists of 8 water safety classes for 4th graders.

Group Swim Lesson Programming Schedule:

- » **Fall 3 Lessons begin November 17th and run through December 18th.**



Elkhart | Granger | Three Rivers | Kalamazoo
BeaconHealthAndFitness.org
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DECEMBER

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|--|-----------------------------------|
| 5am – 8am 2 Lanes Available | 5am – 8am 2 Lanes Available | 5am – 8am 2 Lanes Available | 5am – 8am 2 Lanes Available | 5am – 8am 2 Lanes Available | 7am – 10am 2 Lanes Available | 7am – 5pm 7 Lanes Available |
| 8am – 2pm 10 Lanes Available | 8am – 2pm 10 Lanes Available | 8am – 2pm 10 Lanes Available | 8am – 2pm 10 Lanes Available | 8am – 2pm 10 Lanes Available | 10am – 12pm 5 Lanes Available | |
| 2pm – 4pm 7 Lanes Available | 2pm – 4pm 7 Lanes Available | 2pm – 4pm 7 Lanes Available | 2pm – 4pm 7 Lanes Available | 2pm – 4pm 7 Lanes Available | 12pm – 5pm 7 Lanes Available | |
| 4pm – 8pm Lanes Limited** | 4pm – 8pm Lanes Limited** | 4pm – 8pm Lanes Limited** | 4pm – 8pm Lanes Limited** | 4pm – 7pm Lanes Limited** | *Lane restrictions subject to change based on programming and events. | |
| 8pm – 9pm 6 Lanes Available | 8pm – 9pm 6 Lanes Available | 8pm – 9pm 6 Lanes Available | 8pm – 9pm 6 Lanes Available | 7pm – 9pm 6 Lanes Available | | |

***Please check posted daily lane break downs for available lanes. Note that lanes available may change location during the window of time listed above. Proper Pool Etiquette must be used and lanes must be shared.*

POOL SET UP IN SHORT COURSE YARDS

SWIM MEETS, EVENTS & HOLIDAYS THAT WILL AFFECT "NORMAL SCHEDULE"

THIS MONTH:

Tues 12/2
Fri-Sun 12/5-12/7
Mon 12/15
Wed 12/24
Thurs 12/25
Tues 12/30
Wed 12/31

Elkhart HS Meet
Elkhart United Rudolph Romp
Elkhart HS Meet
Christmas Eve Holiday Hours
Christmas Day
Elkhart HS Invite
New Years Eve Holiday Hours

Comp Lanes Limited
Comp Pool Closed Starting 4pm Fri
Comp Lanes Limited
Facility Open 7a-1p
FACILITY CLOSED
Comp Pool Closed
Facility Open 7a-1p

LOOKING AHEAD:

Thurs 1/1
Fri-Sun 1/2-1/4
Tues 1/6
Thurs 1/8
Sat 1/17

New Years Day Holiday Hours
Irish Aquatics Tim Welsh Invitational
Elkhart HS Meet
Elkhart HS Meet
Northern Indiana Conference Girls Championship

Facility Open 9a-9p
Comp Pool Closed Starting 2pm Fri
Comp Lanes Limited
Comp Lanes Limited
Comp Pool Closed

Daily pool breakdowns posted in wet hallway for today & tomorrow.

www.ElkhartHealthAndAquatics.org