





BEACON
Health & Fitness

Member Pools

JULY SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Water in Motion 9 - 9:50am 0 Lanes Available	Water in Motion Strength 9 - 9:45am 1 Lanes Available	Water in Motion 9 - 9:50am 0 Lanes Available	Water in Motion Strength 9 - 9:45am 1 Lanes Available	Water in Motion 9 - 9:50am 0 Lanes Available	Water in Motion 8 - 8:50am 0 Lanes Available
Joint Venture 10 - 10:45am Limited Space Available	Group Swim Lessons 10 - 10:30am Limited Space Available	Joint Venture 10 - 10:45am Limited Space Available		<p><i>Location of</i></p> <p> Therapy</p> <p> Lap</p>	
Group Swim Lessons 11am - 2pm 2 Lanes Available	Group Swim Lessons 11am - 2pm 2 Lanes Available	Group Swim Lessons 11am - 2pm 2 Lanes Available	Group Swim Lessons 11am - 2pm 2 Lanes Available		
NeuroH2O 11am - 12pm Limited Space Available	Joint Venture 11 - 11:45am Limited Space Available	NeuroH2O 11am - 12pm Limited Space Available	Joint Venture 11 - 11:45am Limited Space Available		
Joint Venture 12:15 - 1pm Limited Space Available	Joint Venture II 12 - 12:45pm Limited Space Available	Joint Venture 12:15 - 1pm Limited Space Available	Joint Venture II 12 - 12:45pm Limited Space Available		
Group Swim Lessons 4:15 - 8pm Limited Space Available	Group Swim Lessons 5 - 7:45pm Limited Space Available	Group Swim Lessons 4:15 - 8pm Limited Space Available	Group Swim Lessons 5 - 7:45pm Limited Space Available		
Group Swim Lessons 4:15 - 8pm 2 Lanes Available	Group Swim Lessons 5 - 7:45pm Limited Space Available	Group Swim Lessons 4:15 - 8pm 2 Lanes Available	Group Swim Lessons 5 - 7:45pm Limited Space Available		
	Water in Motion 5:30 - 6:25pm 0 Lanes Available	Water in Motion Strength 4:50 - 5:45pm 0 Lanes Available	Water in Motion 5:30 - 6:25pm 0 Lanes Available		

- » **Availability is subject to change.**
- » **Private lessons & physical therapy may limit pool space & are not listed on the daily breakdowns.**
- » **Times listed are scheduled class times. Expect higher member attendance before & after classes.**
- » **10- Minute Class Transition Window:**
 - » **Non-Class Participants - Must wrap-up their workout and either clear the pool or move to a non-class lane (if one is available) by the classes posted start time.**
 - » **Class Participants - Must remain in a water walking/stationary workout lane until any additional lanes become available.**
- » **Check Daily Pool Breakdown for designated Water Walking & Lap Swim Only lanes.**

Group Swim Lesson Programming Schedule:

- » **Summer 1 Lessons begin June 9th and run through July 10th**
- » **Summer 2 Lessons begin July 21st and run through August 14th**
- » **Summer Intensive Swim Lessons begin June 9th and run through August 14th in 2 week windows**



Elkhart | Granger | Three Rivers
BeaconHealthAndFitness.org
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JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am – 7am 8 Lanes Available	5am – 7am 8 Lanes Available	5am – 7am 8 Lanes Available	5am – 7am 8 Lanes Available	5am – 7am 8 Lanes Available	7am – 8am 6 Lanes Available	7am – 5pm 6 Lanes Available
7am – 10am 4 Lanes Available	7am – 10am 4 Lanes Available	7am – 10am 4 Lanes Available	7am – 10am 4 Lanes Available	7am – 10am 4 Lanes Available	8am – 10am 4 Lanes Available	
10am – 3pm 6 Lanes Available	10am – 3pm 6 Lanes Available	10am – 3pm 6 Lanes Available	10am – 5pm 6 Lanes Available	10am – 9pm 6 Lanes Available	10am – 5pm 6 Lanes Available	
3pm – 8pm Lanes Limited**	3pm – 8pm Lanes Limited**	3pm – 8pm 5 Lanes Available	5pm – 8pm Lanes Limited**	*Lane restrictions subject to change based on programming and events.		
8pm – 9pm 6 Lanes Available	8pm – 9pm 6 Lanes Available	8pm – 9pm 6 Lanes Available	8pm – 9pm 6 Lanes Available			

***Please check posted daily lane break downs for available lanes. Note that lanes available may change location during the window of time listed above. Proper Pool Etiquette must be used and lanes must be shared.*

POOL SET UP IN LONG COURSE METERS

SWIM MEETS, EVENTS & HOLIDAYS THAT WILL AFFECT "NORMAL SCHEDULE"

THIS MONTH:

Fri 7/4	Independence Day Holiday Hours	Facility Open (7a-1p)
Fri 7/25	Froggy 102.7 Family Float	6:00 – 8:30pm

LOOKING AHEAD:

Mon 8/11	Pool Change to Short Course Yards	
Mon 9/1	Labor Day Holiday Hours	Facility Open (7a-1p)

Daily pool breakdowns posted in wet hallway for today & tomorrow.

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