



# pure Pilates

ELKHART

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Pilates Reformer Fusion</b> 6:30am – 45min Mallory	<b>Tower/Table Tuesday</b> 8:00am – 45min Peggy	<b>Pilates Reformer Fusion</b> 6:30am – 45min Mallory	<b>Power Pilates</b> 8:00am – 45min Peggy	<b>Pilates Reformer Fusion</b> 9:00am – 45min Mallory	<b>Pilates Reformer Fusion</b> 8:00am – 45min Theresa
<b>Pilates Reformer Fusion</b> 9:00am – 45min Mallory	<b>Pilates Reformer Fusion</b> 9:00am – 60min Peggy	<b>Pilates Reformer Fusion</b> 8:00am – 45min Mallory	<b>Power Pilates</b> 9:00am – 60min Peggy	<b>Pilates Reformer Fusion</b> 10:00am – 45min Mallory	<b>Pilates Reformer Fusion</b> 9:00am – 45min Theresa
<b>Pilates Reformer Fusion</b> 10:00am – 45min Mallory	<b>Tower/Table Tuesday</b> 12:00pm – 45min Peggy	<b>Pilates Reformer Fusion</b> 9:00am – 45min Mallory	<b>Pilates Reformer Fusion</b> 12:00pm – 45min Peggy	<b>Pilates Reformer Fusion</b> 12:00pm – 45min Mallory	<b>Pilates Reformer Fusion</b> 10:00am – 45min Theresa
<b>Pilates Reformer Fusion</b> 11:00am – 45min Mallory		<b>Pilates Reformer Fusion</b> 12:00pm – 45min Mallory	<b>Pilates Reformer Fusion</b> 4:30pm – 45min Karin L	<b>Class Location</b> <input type="checkbox"/> Reformer Studio	
<b>Pilates Reformer Fusion</b> 12:00pm – 45min Mallory		<b>Stretch &amp; Strengthen Reformer</b> 5:30pm – 45min Theresa	<b>Pilates Reformer Fusion</b> 5:30pm – 45min Karin L		
<b>Stretch &amp; Strengthen Reformer</b> 5:30pm – 45min Theresa					

To try a **FREE** class or for more information, email Tanner at

[TJBradley@beaconhealthsystem.org](mailto:TJBradley@beaconhealthsystem.org)



Elkhart | Granger | Three Rivers  
BeaconHealthAndFitness.org