



pure Pilates

ELKHART

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pilates Reformer Fusion 9:00am – 45min Mallory	Pilates Reformer Fusion 8:05am – 45min Peggy	Pilates Reformer Fusion 6:30am – 45min Mallory	Pilates Reformer Fusion 8:05am – 45min Peggy	Pilates Reformer Fusion 9:00am – 45min Mallory	Pilates Reformer Fusion 9:00am – 45min Alternating Instructors
Pilates Reformer Fusion 12:00pm – 45min Mallory	Pilates Reformer Fusion 9:00am – 45min Peggy	Pilates Reformer Fusion 8:00am – 45min Peggy	Pilates Reformer Fusion 9:00am – 45min Peggy	Pilates Reformer Fusion 10:00am – 45min Lindsay	
Pilates Reformer Fusion 5:45pm – 45min Jess	Pilates Reformer Fusion 12:00pm – 45min Jess	Pilates Reformer Fusion 9:00am – 45min Mallory	Pilates Reformer Fusion 12:00pm – 45min Jess		
	Pilates Reformer Fusion 5:45pm – 45min Peggy	Pilates Reformer Fusion 12:00pm – 45min Peggy	Pilates Reformer Fusion 5:45pm – 45min Jess/Peggy		

Class Location

Reformer Studio

To try a **FREE** class or for more information, email Jess at JDubois@beaconhealthsystem.org



Elkhart | Granger | South Bend | Three Rivers
BeaconHealthAndFitness.org