



pure Pilates

ELKHART

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pilates Reformer Fusion 9:00am – 45min Mallory	NEW Pilates Reformer Fusion 8:05am – 45min Kaylin	Pilates Reformer Fusion 6:30am – 45min Mallory	NEW Pilates Reformer Fusion 8:05am – 45min Kaylin	Pilates Reformer Fusion 9:00am – 45min Mallory	Pilates Reformer Fusion 9:00am – 45min Alternating Instructors
NEW Pilates Reformer Fusion 12:00pm – 45min Mallory	Pilates Reformer Fusion 9:00am – 45min Peggy	NEW Pilates Reformer Fusion 8:00am – 45min Peggy	Pilates Reformer Fusion 9:00am – 45min Peggy	NEW Pilates Reformer Fusion 10:00am – 45min Lindsay	
Pilates Reformer Fusion 5:45pm – 45min Jess	Pilates Reformer Fusion 12:00pm – 45min Jess	Pilates Reformer Fusion 9:00am – 45min Mallory	Pilates Reformer Fusion 12:00pm – 45min Jess		
	Pilates Reformer Fusion 5:45pm – 45min Peggy	Pilates Reformer Fusion 12:00pm – 45min Peggy	Pilates Reformer Fusion 5:45pm – 45min Kaylin		

Class Location

Reformer Studio



To try a **FREE** class or for more information, email Jess at JDubois@beaconhealthsystem.org

Elkhart | Granger | South Bend | Three Rivers
BeaconHealthAndFitness.org