



pure Pilates

ELKHART

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pilates Fusion 9:00am – 45min Mallory	Pilates Fusion 9:00am – 45min Peggy	Pilates Fusion 6:30am – 45min Mallory	Pilates Fusion 9:00am – 45min Peggy	Pilates Fusion 9:00am – 45min Mallory	Pilates Fusion 8:15am – 45min Alternating Instructors
	Pilates Fusion 12:00pm – 45min Jess	Pilates Fusion 9:00am – 45min Mallory	Pilates Fusion 12:00pm – 45min Jess		
Pilates Fusion 5:45pm – 45min Jess	Pilates Fusion 5:45pm – 45min Peggy	Pilates Fusion 12:00pm – 45min Peggy	Pilates Fusion 5:45pm – 45min Halle		

Class Location

Reformer Studio

To try a **FREE** class or for more information, email Zach at ZBenko@beaconhealthsystem.org



Elkhart | Granger | South Bend | Three Rivers
BeaconHealthAndFitness.org