



pure Pilates

ELKHART

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pilates Fusion 9:00am – 45min Mallory	Pilates Fusion 8:00am – 45min Peggy	Pilates Fusion 9:00am – 45min Mallory	Pilates Fusion 9:00am – 45min Josie	Pilates Fusion 9:00am – 45min Mallory	Pilates Fusion 8:00am – 45min Josie
Pilates Fusion 12:00pm – 45min Josie		Pilates Fusion 12:00pm – 45min Josie		Pilates Fusion 12:00pm – 45min Mallory	Pilates Fusion 9:00am – 45min Josie
Pilates Fusion 5:45pm – 45min Josie	Pilates Fusion 5:45pm – 45min Lori	Pilates Fusion 5:45pm – 45min Josie	Pilates Fusion 5:45pm – 45min Halle		

Class Location

Reformer Studio



BEACON
Health & Fitness

To try a **FREE** class or for more information, email Zach at

ZBenko@beaconhealthsystem.org

Elkhart | Granger | South Bend
BeaconHealthAndFitness.org